



Name: _____

Date: _____

This tool is to help your care team see how they can help you learn more about your Cystic Fibrosis (CF).

Please read each answer carefully before choosing the **one** answer you think is **best**. If you don't know an answer, no big deal. Just leave it blank and move on to the next question.

CF & GROWING UP

Note to care team: It is recommended that you obtain signed consent from a parent or guardian prior to administering this module.

Parent/Guardian Consent: I have reviewed the CF & Growing Up module. By signing below, I indicate my consent for the care team to administer this module to my child and provide my child with medically accurate information and/or literature on the subject as part of the learning process.

Parent/Guardian signature: _____ Date: _____

1 The period of time when your body changes and matures, turning you from a kid into a young adult, is called:

- a. Asthma
- b. Puberty
- c. Sinusitis
- d. Dyslexia

2 Which of the following may have an impact on when you start puberty?

- a. Having good CF nutrition and eating foods high in fat
- b. Sleeping a lot
- c. Exercising a lot
- d. None of the above

3 Women with CF:

- a. May get their periods less often
- b. May have irregular periods
- c. Sometimes have a hard time getting pregnant
- d. All of the above

4 True or false? Most men with CF can have biological children.

- a. True
- b. False

5 True or false? Women with CF are infertile (cannot have children).

- a. True
- b. False